



REGIONE
CALABRIA

*UNDER THE HIGH PATRONAGE OF
THE PRESIDENT OF ITALY*

feeding
MINDS
fighting
HUNGER

DIALOGUE BETWEEN MEDITERRANEAN CIVILIZATIONS

A Euro-Mediterranean proposal for dialogue and action
on reducing hunger and malnutrition
and improving food security

November 8-10, 2002

at

Agro-Food Research Center of Calabria
Lamezia Terme, (Calabria) Italy

On the occasion of



United Nations Year for
Cultural Heritage
with the Patronage of the United Nations
Information Centre-Italy



2002 World Food Day
Italian Celebrations



Under the Auspices of

President of the Italian Council of Ministries

Italian Ministry of Foreign Affairs

Italian Ministry of Education, University and Research

Italian Ministry of Agriculture

Italian Ministry of Productive Activities

Italian Ministry of Health

Italian Ministry of Culture

President of the Calabria County

National Council of Researches (CNR)

Italian National Research Institute of Food and Nutrition

University “Mediterranean” of Reggio Calabria

University “Magna Grecia” of Catanzaro

University of Calabria, Cosenza

Italian Society for the Progress of Sciences (SIPS)

With the Technical Collaboration of



FAO - Food and Agriculture
Organization of the United Nations
Food and Nutrition Division



Italian National Commission for
UNESCO
Associated Schools Network



Italian Ministry of Agriculture
International Relations Office



Italian Ministry of Education,
University and Research
Territory Development Department



Italian Society of
Human Nutrition



ICAF International Commission on the
Anthropology of Food
Italian Section



Italian Ministry of Education,
University and Research
Regional Office for Calabria



SEGRETERIATO GENERALE
DELLA PRESIDENZA DELLA REPUBBLICA
SERVIZIO AFFARI GENERALI
DIVISIONE ADESIONI PATRONATI E PREMI

AGA/AC/3242/3314

TO PROFESSOR MARIO GIANCOTTI
PRESIDENT,
“UNIVERSITAS ITALICA” FOUNDATION,
VIA TAGLIAMENTO 44,
00198 ROME

I WISH TO EXPRESS MY APPRECIATION TO THE AGRO-FOOD RESEARCH CENTRE OF CALABRIA FOR THEIR INITIATIVES RELATIVE TO THE FIRST EURO-MEDITERRANEAN FORUM “FEEDING MINDS, FIGHTING HUNGER”, ORGANISED ON THE OCCASION OF THE UNITED NATIONS YEAR FOR CULTURAL HERITAGE AND OF THE WORLD FOOD DAY 2002.

THE EVENT HIGHLIGHTS THE COMMITMENT OF EUROPEAN COUNTRIES IN THE FIGHT AGAINST POVERTY THAT IS STILL PRESENT IN VAST REGIONS OF OUR PLANET.

THE MEDITERRANEAN REGION’S AGE-OLD AGRICULTURAL KNOWLEDGE AND TRADITIONS IS A TREASURE THAT DESERVES TO BE SAFEGUARDED AND ENHANCED. IT REPRESENTS A PRECIOUS RESOURCE AND AN OPPORTUNITY FOR DIALOGUE BETWEEN DIFFERENT POPULATIONS AND CIVILIZATIONS.

IT IS OUR TASK TO SUPPORT INITIATIVES SUCH AS THE “MEDITERRANEAN NETWORK OF EXCELLENCE” IN ORDER TO EXTEND THE ECONOMY OF KNOWLEDGE THROUGHOUT THE WORLD AND THUS GUARANTEE APPROPRIATE TRAINING IN THE SECTOR OF FOOD SECURITY AND NUTRITIONAL WELLBEING.

IT IS WITH THESE SENTIMENTS, THAT I EXPRESS MY BEST WISHES AND A WARM GREETING TO THE ORGANISERS, THE EMINENT SPEAKERS AND TO ALL THE PARTICIPANTS.

CARLO AZEGLIO CIAMPI



We, among the group of individuals that make up the social corpus, are both severally and jointly responsibly resolved to doing our share and to giving our contribution in meeting the challenge.

We are committed in the forefront of only one and, perhaps, the most important battle for the good of Humankind, a battle to be fought side by side so that we might all live.

Never have we been faced with a bigger challenge, never have we had a greater interest in revealing the agonizing and throbbing wound that risks blurring the outlines of the players.

It is essential to come out the winners so as to guarantee continuity and contents – both positive and resolute – to the morals and ethics that so form part of our heritage and commitment in all forums of debate, both public and private, social, civil, economic or cultural, in the broadest possible sense.

Calabria, a tiny piece in the gigantic mosaic of the world, thanks to its multi-faceted potential, now intends to show its capacity to play a special and important role in initiatives aimed at building trust and pursuing hope, as is the case with “Feeding Minds, Fighting Hunger.”

Calabria is all in favour of a Dialogue between the Civilizations of the Mediterranean: it is but one voice in a chorus of voices albeit strong and resolute and ready to echo the chorus in support of the requests and the needs put forward.

Calabria shares the idea of proposing a Euro-Mediterranean Dialogue and Action to Reduce Hunger and Malnutrition and Improve Food Security because we firmly confide in the possibility of changing the condition of millions of men, women and children and of inverting the course of destinies that appear to be inexorably doomed to poverty and sorrow.

We applaud the initiative of the Agro-Food Research Centre in Lamezia Terme that did not hesitate to promote a forum on the issue and to involve the Region of Calabria, in virtue of its strategic geographic position in the Mediterranean, on the occasion of the Italian official celebrations of the World Food Day for the 2002, declared the Year for Cultural Heritage by the United Nations.

The contribution made by Calabria, by Italy and by the Regions of the Mediterranean to Europe and to the World is towards enabling adequately fed bodies and minds to implement projects in view of the global village that we all dream of: a world free from the bondage of hunger and poverty, from the humiliation of having to hold out a hand in expectation, often in the desperate attempt to survive; a planet full of light, scented with the fragrance of freshly-made bread, where millions of children dance their joy of living as in a painting by Matisse.

GIUSEPPE CHIARAVALLI
Calabria Region
The President



The initiative of the Euro-Mediterranean Forum, “Feeding Minds, Fighting Hunger: Dialogues between the Civilizations of the Mediterranean” to be held in Lamezia Terme represents an important moment for Institutions to collaborate in a sensitising campaign on the problems of hunger and malnutrition on the basis of real solidarity.

Schools comprise the most important point of reference: in order to provide an effective education on nutrition, food security, and the appropriate use of global resources, it is essential to activate a process of transfer of knowledge. Above all, it is necessary to network schools all over the world as our children represent our hope for the future.

We have already accumulated positive experiences in some schools that add on to the many others achieved in the private sector. It is now necessary to enhance these actions and support initiatives aimed at creating a Euro-Mediterranean network of excellence in food security education and training linking Italian schools with other schools in European and Mediterranean Countries as well as a network of schools linking Mediterranean coastal Countries.

These were the goals that, from the very beginning, spurred us to take part in the initiative promoted by the Italian “Feeding Minds, Fighting Hunger” Committee and the Agro-Food Research Centre of Calabria with the aim of involving as large a number of Italian schools as possible in sensitising and educating young people and students in the fight against hunger, malnutrition and food insecurity in the world.

Under-Secretary
STEFANO CALDORO
Ministry of Education, Universities and Research



"Poverty is intolerable in a world of plenty. I am convinced that poverty can be ended in our lifetime, with our own hands, with our own minds."

KOFI ANNAN

Secretary-General of the United Nations

In September 2000, at the United Nations Millennium Summit, world leaders set eight time-bound and measurable goals and targets for combating poverty, hunger, diseases, illiteracy, environmental degradation and discrimination against women. These Millennium Development Goals (MDGs) goals to be achieved by 2015 include: "Halving extreme poverty and hunger" and "Achieving universal primary education".

Hunger is not just a sectoral concern but rather an issue of central political, social and moral import and must be fought on a broad front. And education is a bulwark against poverty. For children and women, in particular, it is an agent of family health and nutrition.

It is essential for young people to be concerned with hunger. As both a cause and a result of poverty, hunger is perpetuated and often transmitted from one generation to another. When food is scarce, young people start paying the price very early, even before they are born. When mothers are poorly nourished, they often give birth to underweight babies. And weak and hungry parents have trouble meeting the specific feeding needs of infants. Inadequate nutrition in the first five years of life inflicts mental and physical damage that is extremely difficult to reverse.

Children in hungry households pay a high price too. Many of them, especially girls, do not get to go to school because they have to contribute to their family's subsistence. And those who are lucky enough to go have to learn on an empty stomach.

Coupled with poor health, lack of education leaves these children unable to realize their full potential in later life; unable, therefore, to contribute as they might have done to the life of their society. Their limited productivity, in turn, reduces their chance of lifting themselves and their families out of poverty.

We must break this vicious circle of hunger and poverty, for the youth of tomorrow, and for those of today. If we want to be able to count on their energy and

creativity, we must give them access to education and training. If we want young people throughout the world to feel directly involved, we must show them that we take them seriously.

This Forum can help forge new partnerships -- among United Nations agencies and organizations, governments, civil society actors and private enterprise - that are needed if we are to succeed.

SHALINI DEWAN
Director,
United Nations Information Centre-Italy



“Our vision is a world without hunger and malnutrition - a world in which each and every person can be assured of having the food they need to be well-nourished and healthy.”

“A world in which all children can grow, learn and flourish, developing into healthy, active, caring members of society

The Feeding Minds, Fighting Hunger global education initiative has been developed as one of many efforts being undertaken worldwide to fight hunger and malnutrition. Today, approximately 800 million people in the world do not get enough to eat to meet their basic energy requirements; some 2 billion people cannot consume the quantity and variety of foods necessary to meet their vitamin and mineral needs. Hunger and malnutrition prevent the normal growth and development of children. They limit the learning capacity and productivity of both children and adults and, when widespread, are serious constraints to the social and economic development of communities and nations.

We believe that widespread hunger and malnutrition are not inevitable; we have the means to end these problems. We believe that with increased commitment, investment in agriculture and rural development, social safety nets and education we can do so. It is our conviction that children and youth around the world can be educated to understand the causes and consequences of hunger, malnutrition and food insecurity and can be motivated to seek opportunities for solving these unacceptable conditions. Working with the children of today will have an impact for generations to come, as these young people become the adults and leaders of tomorrow.



The Feeding Minds, Fighting Hunger education initiative is based on the premises that: children all over the world can be introduced to both global and local issues of hunger and malnutrition through common, easily adapted materials and activities that will help them grow in understanding the interdependence of our world; young people can be given tools to work together to help solve problems of food insecurity and be better motivated to use them if they are taught interactively from lessons from different parts of the world, from different cultures and circumstances; teachers can be provided with quality materials that meet curriculum requirements and stimulate students to critically explore root causes of hunger, food insecurity and malnutrition; and a generation of young people can be nurtured in the ways of responsible global citizenship.

Feeding Minds, Fighting Hunger presents a unique opportunity for FAO to work with a broad coalition of partners to foster greater awareness and understanding among young people of the problems of hunger and malnutrition.

This Forum, organized by the Italian Committee for Feeding Minds, Fighting Hunger and by the Calabrian Regional Centre for Advanced Agro-Food Training and Research, will make an important contribution to promoting the expansion of the Feeding Minds initiative among countries of the Mediterranean. It will lay the groundwork for creating a network for engaging young people in the fight against hunger and malnutrition.

We appreciate this opportunity to further expand the Feeding Minds initiative in the Mediterranean countries and we look forward to a meaningful and productive Forum.

KRAISID TONTISIRIN
Director,
Food and Nutrition Division
FAO

Introduction

In October 2000, on the occasion of World Food Day, FAO, UNESCO, the World Bank and other international organizations launched Feeding Minds, Fighting Hunger, www.feedingminds.org, a unique global education initiative for schools and youth groups designed to raise awareness of hunger, malnutrition and food insecurity in the world.

Its aim is to enable and encourage children and youth to become actively involved in helping create a world free from hunger and malnutrition.

The initiative provides model lesson plans and resource materials for teachers and provides an interactive forum through which teachers and students around the world can exchange ideas, highlight local problems and share knowledge and experience on these issues.

Widespread hunger and malnutrition are not inevitable in today's world. We have the means to end these problems, but all too often we lack the will and commitment to do so.

An important step in developing and strengthening commitment to eliminate hunger and malnutrition is to cultivate among all members of society, and especially among children and youth, an understanding of the causes and consequences of hunger and malnutrition and motivate them to seek ways in which they can join in the fight against hunger.

It is only by helping the younger generations become aware of these problems, and of the opportunities for solving them, that we can generate and sustain in future generations the political will necessary to create a world free from hunger.

تغذية العقول لمكافحة الجوع
عالم متحرر من الجوع

NOURRIR LES ESPRITS
COMBATTRE LA FAIM
UN MONDE LIBÉRÉ DE LA FAIM



The Euro-Mediterranean Forum

The international meeting of Lamezia Terme will provide a platform for the definition of a methodological framework for the development of a joint project proposal to reinforce security in the Mediterranean region, local capacities to improve nutritional well-being and household food, promote a broader awareness of Mediterranean food traditions as cultural heritage to be safeguarded and advanced as instruments in fighting food insecurity.

This initiative is being organized as a proposal for Euro-Mediterranean cooperation to create an international alliance to promote active participation of young people in fighting hunger and to increase in them a greater consciousness and comprehension of the interdependent problems of hunger, malnutrition and food insecurity.

Experts will participate from United Nations Organizations, the European Commission, and from leading Mediterranean institutions from Morocco, Algeria, Tunisia, Libya, Egypt, Jordan, Lebanon, Syria, Turkey, Greece, Cyprus, Malta, Albania, Croatia, Slovenia, Italy, France, Spain, and Portugal. A total of about 80 experts in the fields of food and nutrition, nutrition education, information and communication, agriculture, teaching, and curriculum development are expected to participate.

Through this first Forum, the Agro-Food Research Center of Calabria Spa and the Italian Committee on “Feeding Minds-Fighting Hunger” at Italcia Universitas Foundation wish to promote the necessary regional, national and international collaborations to develop a Mediterranean network of excellence in the sector of training and education in the priority area of food security and nutritional well being, within the framework of development of the Barcelona Declaration on the Euro-Mediterranean Partnership.



Objectives

- To promote the introduction and adaptation of the Feeding Minds, Fighting Hunger materials in participating countries so as to promote among young people in the Mediterranean region a greater consciousness and a dialogue on the problems of hunger, malnutrition and food insecurity.
- To increase the exchange of experiences in food and nutrition education programmes to improve their impact and effective utilization in the Mediterranean region and to promote their incorporation into national school curricula.
- To strengthen initiatives to safeguard and advance the cultural heritage of food traditions to promote a broader awareness of food as an intercultural instrument of dialogue among Mediterranean populations.
- To increase local capacities through the establishment of a Mediterranean network of excellence in training and education in the priority area of nutritional well-being and household food security.
- To promote the exchange of information on the state of food and nutrition in the Mediterranean region.

FEEDING MINDS
FIGHTING HUNGER
a world free from hunger

ALIMENTAR LA MENTE
PARA COMBATIR EL HAMBRE
un mundo libre del hambre

NUTRIRE LA MENTE
COMBATTERE LA FAME
un mondo libero dalla fame



Programme

Friday, 8 November 2002

08.30

Registration

09.00

Welcoming addresses

- PASQUALE SCARAMUZZINO, Mayor of the City of Lamezia Terme
- ANTONIO PIZZINI, President of ARSSA and Calabria Food and Agricultural Research Centre of Calabria
- MICHELE TRAVERSA, President of the Province of Catanzaro
- MARIO GIANCOTTI, President of the Italian “Feeding Minds, Fighting Hunger” Committee and of the Universitas Italica Foundation

09.30

Opening of Proceedings

Chairman:

- GIUSEPPE CHIARAVALLOTI, President of the Calabria Region

Introduction by:

- LEOPOLDO CHIEFFALLO, Director-General of the Food and Agricultural Research Centre of Calabria
- SANDRO DERNINI, Forum Coordinator

Opening Remarks:

- MANFREDO INCISA DI CAMERANA, Deputy Director General and Special Advisor to the Director General of FAO
- SHALINI DEWAN, Director of the United Nations Information Centre Italy
- GIOVANNI PUGLISI, Secretary General of the Italian National Commission for UNESCO
- PAOLO DUCCI, Responsible of Coordination for FAO/IFAD/PAM at the Italian Ministry of Foreign Affairs
- ALESSANDRO BIANCHI, Rector of the “Mediterranean” University in Reggio Calabria

11.00

Coffee break

11.20

Presentation of thematic areas

1 *Food Traditions: a cultural heritage to be safeguarded and enhanced as instrumental for inter-cultural dialogue between the peoples of the Mediterranean*

Introduction by Co-Chairman:

- IGOR DE GARINE, ICAF, Emeritus Director of the National Centre for Scientific Research, Lasseube, France

2 *“Feeding Minds – Fighting Hunger.” Application and adaptation of materials in Mediterranean countries*

Introduction by Co-Chairmen:

- WILLIAM CLAY, Chief of Nutrition Programmes Service of the FAO Food and Nutrition Division
- NINO BATTISTINI, President of the Italian Society for Human Nutrition

3 *Food education: a Euro-Mediterranean network of excellence for household food security training*

Introduction by Co-Chairman:

- CARLO CANNELLA, Director of the Food Science Institute of La Sapienza University of Rome, member of the FAO Excellence Network for Food Quality, Security and Nutrition

Remarks by:

- LUCA FORNARI, Responsible of the Internationalization Programme for the Southern Region of Italy at the Ministry of Foreign Affairs
- STEFANO CALDORO, Under-Secretary of the Ministry of Education, University and Research
- ANTONIO GUIDI, Under-Secretary of the Ministry of Health
- GIOVANNI ALEMANNO, Minister of Agricultural Policy

13.30

Buffet



15.00

Re-opening of proceedings

Chairman:

- SAVERIO ZAVETTIERI, Commissioner of Education, Culture, Research and Advanced Training, Calabria Region

15.30

Thematic Area 1. *Food traditions: a cultural heritage to be safeguard as instrumental to an intercultural dialogue between the peoples of the Mediterranean*

Introduction by Co-Chairman:

- VITO TETI, Center of Mediterranean Anthropologies and Literatures, Department of Phylology of the University of Calabria, Cosenza, International Commission on the Anthropology of Food, (ICAF)

Saturday 9 November 2002

08.30

Registration

09.00

Sala Azzurra: Opening of proceedings

Chairman:

- GIOVANNI DIMA, Commissioner of Agriculture, Calabria Region

Opening Remark:

- UGO PANETTA, Director General, Directorate General for Calabria of the Ministry of Education, University and Research

09.30/13.15 Sala Azzurra: Opening of the Plenary Session on Thematic Area 2 . *“Feeding Minds – Fighting Hunger.” Application and Adaptation of materials in the Mediterranean countries*

15.00/18.30

Introduction by:

- VALERIA MENZA, Liason Officer for the “Feeding Minds – Fighting Hunger” project of the FAO Food and Nutrition Division
- CECILIA PREZIUSO, National Coordinator ASPnet, National Commission UNESCO, Italy

CONFERENZA SATELLITE

Sabato, 9 novembre 2002

09.30/13.00 Teatro

15.30/19.00 Conferenza: *“Ricerca Applicata e Alta Formazione”*

Presiede:

- ALESSANDRO BIANCHI, Rettore dell’Università “Mediterranea” di Reggio Calabria



Sunday 10 November 2002

09.00

Opening of proceedings: Theatre

Chairman:

- MARIO TASSONE, Deputy Minister of Infrastructures and Transport

Opening Statements:

- GIOVANNI LATORRE, Rector of the University of Calabria in Cosenza
- GIUSEPPE NISTICÒ, Commission on Research, European Community

09.30

Thematic Area 3. *Food Education: Euro-Mediterranean excellence network for household food security training.*

Introduction by Co-Chairmen

- LUIS SERRA MAJEM, Gran Canarias University, Las Palmas, Spain
- CARLO CANNELLA, Director of the Food Science Institute, "La Sapienza" University of Rome

Introduction by:

- PIETRO SCOTTO, Director of the Human Physiology Institute, the "Magna Grecia" University of Catanzaro

Remarks by:

- EVANGELOS FRANGULIS, Ambassador Adjunct of Greece to the FAO
- MIRA ZUPANC-KOS, Under-Secretary of the Ministry of Agriculture of Republic of Slovenia
- CARLO DE MARCO, Department of Biochemical Sciences, "La Sapienza" University of Rome
- ALFREDO FOCA, Director of the Department of Medical Science, "Magna Grecia" University of Catanzaro
- PIERO BERTACCHINI, S.I.S., University of Calabria of Cosenza

11.15

Coffee break

11.30

Presentation of an Italian proposal for a dialogue and action for an Euro-Mediterranean partnership project: "Together toward food security: common strategies to educate the minds and combat hunger"

Introduction by:

- SANDRO DERNINI, Coordinator of the Forum

Opening remark by:

- SAVERIO AVVEDUTO, President of the Castel Sant'Angelo University for Permanent Education of U.N.L.A., Italian Committee "Feeding Minds, Fighting Hunger"
- ALESSANDRO MUSUMECI, General Director, Technological Innovation, MIUR

12.30

Conclusions:

- GIUSEPPE GALATI, Under-Secretary of the Ministry for Productive Activities

Language

The official languages of the Forum will be English, Italian and French, with simultaneous translation.

*The material produced during the Forum will be interactively on line through the web site of the experimental e-learning project : ***www.pythagoras.it*** in collaboration with*





PARTICIPANTS

NAÏMI TABET, National Commission for UNESCO, Rabat, Morocco

BELAHSEN REKIA, Chouaib Doukkali University, El Jadida, Morocco

BENALIA OUNAOKI, National Commission for UNESCO, Algeri, Algeria

AMER EL-FITOURI MEGRI, University of El-Faleh, Tripoli, Lybia

ABDUSSALAM ELMAHDI MOH., Agricultural Research Center, Tripoli, Lybia

AHMED BEN ABDALLAH, National Commission UNESCO, Tunisia

FATIMA HACHEM, FAO Near East Regional Office, Cairo, Egypt

MOHAMMED HUSSEIN AMR, National Institute. of Nutrition, Cairo, Egypt

HAMED M MERVAT, National Commission for UNESCO, Cairo, Egypt

ELHUSSEIN TAWFIK SAFAA, National Institute for Nutrition, Cairo, Egypt

SALEH HUSSEIN M., National Commission for UNESCO, Amman, Jordan

ANTONIA TRICHOPOULOU, National Centre for Nutrition, Athens, Greece

OMAR OBEID, American University of Beirut, Lebanon

ANTHONY DE GIOVANNI, National Commission for UNESCO, Malta

ANDREA PANAYIDES, Ministry of Education, National Commission for UNESCO, Nicosia, Cyprus

RIM ARAFEH, National Commission for UNESCO, Damascus, Syria

GULDEN PEKCAN, University of Hacettepe, Ankara, Turkeye

IRENA VANGJELI, Ministry of Education, National Commission for UNESCO, Tirana, Albania

MARITA AFEZOLLI, Ministry of Health, Tirana, Albania

FRANÇOISE AUBAILE, National Museum of Natural History, CNRS, Paris, France

IGOR DE GARINE, National Scientific Research Center, Lasseube, France



M.-PAULE TRUEL-BELMAS, National Commission for UNESCO, Paris, France

E. XAVIER MEDINA, ICAF, Mediterranean Catalan Institute ICM, Barcelona, Spain

MIGUEL MARTÍ, National Commission for UNESCO, Barcelona, Spain

LUIS SERRA MAJEM, Gran Canarias University, Las Palmas, Spain

MANUELA GALHARDO, National Commission for UNESCO, Lisboa, Portugal

MANUELA VALAGAO, National Institute for Agrarian Research, Lisboa, Portugal

SAVERIO AVVEDUTO, University of Castel Sant'Angelo for Life-Long Learning, Rome, Italy

RAFFAELE BARBERIO, Consortium Calabria&Innovation, Lamezia Terme, Italy

NINO BATTISTINI, Italian Society for Human Nutrition, Modena, Italy

CARLO BELLECCI, CRATI Consortium, Cosenza, Italy

BIANCHI ALESSANDRO, "Mediterranean" University of Reggio Calabria, Italy

FRANCESCO BRANCA, National Institute of Nutrition, Rome, Italy

FRANCESCA BRIGANTE, Chamber of Commerce Italy- OPEC, Milan, Italy

STEFANO CALDORO, Ministry of Education, University and Research, Rome, Italy

CARLO CANNELLA, "La Sapienza" University of Rome, Italy

LEOPOLDO CHIEFFALLO, AgroFood Research Center of Calabria, Lamezia Terme, Italy

GIUSEPPE CIPPOLLONI, New Trends Institute, Rome, Italy

WILLIAM CLAY, FAO, Rome,

GIUSEPPE COLITTI, Vallo di Diano Study Center, Salerno, Italy

VALERIA DEL BALZO, "La Sapienza" University of Rome, Italy

CARLO DE MARCO, "La Sapienza" University of Rome, Italy

SANDRO DERNINI, Italian Committee "Feeding Minds, Fighting Hunger", Rome, Italy

SHALINI DEWAN, UNIC-Italy, Rome, Italy



ALDO DI BIAGIO, Ministry of Agriculture, Rome, Italy

PAOLO DUCCI, Ministry of Foreign Affairs, Rome, Italy

ALFREDO FOCA, University “Magna Grecia” of Catanzaro, Italy

LUCIANO FONZI, University of Siena, Italy

FORNARI LUCA, Ministry of Foreign Affairs, Rome, Italy

EVANGHELOS FRAGOULIS, Embassy of Greece at FAO, Rome

ENNIO GEROMIN, International Legal expert, Rome, Italy

MARIO GIANCOTTI, Foundation Universitas Italicas, Rome, Italy

STEFANO GORLA, Ministry of Education, University and Research, Rome, Italy

PIETRO GULLO, School “C. Alvaro”, San Pietro a Maida, Catanzaro, Italy

MANFREDO INCISA DI CAMERANA, FAO, Rome, Italy

GIOVANNI LATORRE, University of Calabria, Cosenza, Italy

MARIO MAGNO Ministry of Productive Activities, Rome, Italy

PIERA MARIN, Ministry of Agricultural Policy, Rome, Italy

CARMINE MARINUCCI, Italian Society for the Progress of the Sciences, Rome, Italy

VALERIA MENZA, FAO, Rome, Italy

MARINO NIOLA, Institute Suor Orsola Benincasa, Naples, Italy

GIUSEPPE NISTICÒ, Research Commission European Community, Rome

UGO PENETTA, Ministry of Education, University and Research, Catanzaro, Italy

VINCENZA PELLEGRINO, Education Expert, Rome, Italy

RAFFAELE PERRI, Ministry of Education, University and Research, Catanzaro, Italy

GIOVANNI PICCOLO, School “Mazzini”, Rome, Italy



GIOVANNI POSANI, APRES, Rome
CECILIA PREZIUSO, National Commission for UNESCO, Rome, Italy

GIOVANNI PUGLISI, National Commission for UNESCO, Rome, Italy

GIANNI ROCCHI, University of Siena, Italy

MARIA TERESA RUSSO, Scientific Coordinator, Agrofood Research Center of Calabria;
“Mediterranean” University of Reggio Calabria, Italy

SERGIO SCALA, Ministry of Education, University and Research, Rome, Italy

PIETRO SCOTTO, University “Magna Grecia” of Catanzaro, Italy

FRANCA SPAGNOLI, FAO, Rome, Italy

VITO TETI, University of Calabria, Italy





Technical Scientific Committee for the Program Development

Prof. NINO BATTISTINI, President, Italian Society of Human Nutrition, Modena

Prof. ALESSANDRO BIANCHI, Rector, “Mediterranea” University of Reggio Calabria

Prof. CARLO CANNELLA, Director, Institute of Food Science, University of Rome “La Sapienza”

Prof. CARLO DE MARCO, Department of Biochemical Sciences, University of Rome “La Sapienza”

Mrs. VALERIA MENZA, Nutrition Officer, Food and Nutrition Division, FAO

Prof. CECILIA PREZIUSO, National Coordinator ASPnet, National Commission for UNESCO, Italy

Dr. MARIA TERESA RUSSO, Scientific Responsible, Agrofood Research Center of Calabria; School of Agriculture, University “Mediterranean” of Reggio Calabria

Prof. PIETRO SCOTTO, Director, Institute of Physiology, University of Catanzaro “Magna Grecia”

Prof. VITO TETI, Director, Center of Mediterranean Anthropologies and Literatures, Department of Phylogeny of the University of Calabria; International Commission on the Anthropology of Food, Cosenza

Coordinator: Dr. SANDRO DERNINI PH.D., Italian Committee “Feeding Minds-Fighting Hunger”, Rome

Credits

Conception, program development and scientific direction of the Forum project

Dr. Sandro Dernini, Ph.D.

Special thanks for the program development to

Prof. Massimo Cresta of the University of Rome “La Sapienza”

Organizative Secretariat

Mrs. Loredana Pasqualoni

Mrs. Iolanda Russo

Mr. Antonio Fiumanò de Lieto

Mr. Alessandro Tallarico

Mrs. Giuseppina Lobello

Mrs. Assunta Aquila

Secretariat Coordination in Rome
Mrs. Anette Clausen

Travel Agency

Agenzia Viaggi Donato

Pizzo-Vibo Valentia

Press Office

Mr. Giovanni Taormina

Roma Congressi

Text Translation

Roma Congressi

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Mrs. Micaela Serino

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Institute of Physiology, University of Catanzaro
"Magna Grecia"



Center of Mediterranean Anthropologies and
Literatures, Department of Phylogeny of the
University of Calabria, Cosenza



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**Italian Committee for
"Feeding Mind-Fighting Hunger"
c/o Universitas Italica Foundation**

Economic Support

Commission of Agriculture, Calabria County

Commission of Education and Culture, Calabria County

Province of Catanzaro, Commission of Culture

Province of Crotone - Province of Vibo Valentia

Municipality of S. Pietro a Maida

For Information

E - mail: forum@crati.it - medipolis@tiscali.it

Tel. 0039.0968.209150 - 0039.06.85830638

Fax: 0039.0968.209907 - 0039.06.8417120

www.cra-spa.it