



Sandro Dernini, Ph.D.

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30 years' experience in the organization and the scientific coordination of international conferences and art & science events.

Doctorate in Biology, School of Science, University of Cagliari, Italy (1974)

PhD. in Art Education, School of Education, New York University (1997)

Since early 90's, Dr. Dernini is fostering an enduring transdisciplinary dialogue among international experts, from different disciplines and cultures, linking the notion of the well-being to the Mediterranean diet, food security and sustainability in the Mediterranean.

He co-founded and coordinated several international initiatives, such as: the SFS-MED Platform, the International Foundation of Mediterranean Diet (IFMeD), the Forum on Mediterranean Food Cultures, the International Interuniversity Centre for Mediterranean Food Cultures Studies (CIISCAM) at the Sapienza University of Rome, the Consortium on the Well-Being in the XXI Century, the Interdepartmental Well Being Centre of the University of Cagliari, and Plexus International, an informal network of artists and scientists.

He published as author or co-editor 6 books and more than 60 scientific articles on the Mediterranean diet and sustainable diets.

In 2014, he received the Award of Excellence in Food Sustainability by IACON-SENC at the Third World Conference of Public Health Nutrition in Las Palmas de Gran Canaria. In 2021, he received the Ancel and Margaret Keys Award at the 2nd International Agrobiodiversity Congress.

CURRENT POSITION

- Coordinator, SFS-MED Platform Coordination Desk, a multistakeholder initiative on Sustainable Food Systems in the Mediterranean, initiated by FAO, CIHEAM, Union for the Mediterranean and PRIMA Foundation
- President, Forum on Mediterranean Food Cultures
- Senior Advisor, CIHEAM-Bari
- President, Plexus International Forum Onlus

PAST EXPERIENCE

- ✓ General Secretary, International Foundation of the Mediterranean Diet (IFMeD), 2014-2019
- ✓ International Consultant, FAO, Rome, 2000-2002 / 2010-2017
- ✓ Coordinator, Interuniversity International Studies Centre on Mediterranean Food Cultures (CIISCAM), Sapienza University of Rome, Rome, 2006-2012
- ✓ Invited Professor, School of Specialization in Food Science, Sapienza University of Rome, Rome, 2007-2011 / 2011-2012
- ✓ Head, President's Office of the Italian National Research Institute on Food and Nutrition (INRAN), Rome, 2007-2010
- ✓ Coordinator, Consortium for the Well Being in the XXI Century, Rome 1995-2000
- ✓ Coordinator, Interdepartmental Well Being Centre, University of Cagliari, Cagliari, 1994-1999
- ✓ Coordinator, 1992 Christopher Columbus Consortium, New York, 1989-1992
- ✓ Executive Director, Centre for Contemporary Italian Culture, New York University, New York, 1980-1982
- ✓ Researcher, Biochemistry Institute of Biochemistry, Sapienza University of Rome, Rome, 1974-1979

ORGANIZATION AND SCIENTIFIC COORDINATION OF INTERNATIONAL CONFERENCES AND SPECIAL ART & SCIENCE EVENTS, 2022-1992

- 3° World Conference on the Revitalization of the Mediterranean Diet: *Change of Course Towards More Sustainable and Resilient Food Systems in Mediterranean Countries: the Mediterranean Diet as a Strategic Resource to Accelerate the Agenda 2030 in the Region*", CIHEAM Bari, 2022
- 2° World Conference on the Revitalization of the Mediterranean Diet: *Strategies Towards More Sustainable Food Systems in the Mediterranean Region. The Mediterranean Diet as a Lever for Bridging Consumption and Production, in a Sustainable and Healthy Way*, Palermo, 2019
- 1° World Mediterranean Diet Conference: *Revitalizing the Mediterranean Diet from a Healthy Dietary Pattern to a Healthy Mediterranean Sustainable Life Style*, Milan, 2016
- International Conference: *Does the Mediterranean Diet still Exist? Health-Nutrition-Quality-Sustainability-Innovation-Evolution*, Expo of Milan, 2015
- Talk Show *"BIODIVERSITY? Sustainable Food for All – The Mediterranean Dieta as an Example of Sustainable Diet*, Parco della Musica, Rome, 2010
- 3° International CIISCAM Conference: *The Mediterranean Diet Today- A Model of Sustainable Diet*, University of Parma, Parma, 2009
- 2° International CIISCAM Conference: *Erosion of the Mediterranean Food Cultural Heritage and Strategies to Safeguard the Mediterranean Diet*, University of Cosenza, Vibo Valentia, Italy, 2008
- 1° International CIISCAM Conference: *New Frontiers in the Mediterranean for Food Security – Mediterranean Diet and Well Being, Food Safety and Quality, Bioversity and Nutrition*, University of Tuscia, Viterbo, Italy, 2007
- 3° EuroMed Forum: 2005 Year of the Mediterranean: *Dialogues Between Mediterranean Civilizations and People on Food Cultures*, University of Rome Sapienza, Rome, 2005

- 2° EuroMediterranean Forum: *Dialogues Between Mediterranean Civilizations on Food Security*, Corigliano Calabro, Italy, 2003
- 1° EuroMediterranean Forum: *Feeding Mind Fighting Hunger- Dialogues Between Mediterranean Civilizations*, Lamezia Terme, Italy, 2002
- 4° International Well Being Reconciliation Symposium: *Toward A Food Security for All*, University of Cagliari, Cagliari, Italy, 1999
- 3° International Well Being Reconciliation Symposium: *From Welfare to Well Being in the XXI Century: Rights, Duties and New Values in the Next Millennium. Get the Best from Your Food*, Carloforte, Italy, 1998
- *From Welfare to Well Being: Eating Art, Get the Best From Your Food, Food for All*, a special art event on the occasion of the FAO World Food Summit, Palazzo delle Esposizioni, Rome, 1996
- 2° International Well Being Reconciliation Symposium: *Navigating Global Cultures: Strategies for the Well Being in the XXI Century*, University of Cagliari, Cagliari, Italy, 1995
- *Marconi Open Call of Cagliari for the Well Being in the XXI Century*, Port of Cagliari, Italy, 1995
- *Columbus Reconciliation Forum for the Well Being in the XXI Century*, Carloforte, Italy 1992

PUBLICATIONS

Books and Reports

- Dernini S. and Capone R. (eds.) (2022). *A change of route: towards more sustainable and resilient food systems in the Mediterranean countries. The Mediterranean diet as a strategic resource for accelerating the Agenda 2030 in the Region. The 3rd world conference on the revitalization of Mediterranean diet, Bari 28-30 September 2022*. CIHEAM Bari.
- Capone R., Dernini S. Eds. (2020). *Strategies towards more sustainable food systems in the Mediterranean region: The Mediterranean Diet as a lever for bridging consumption and production, in a sustainable and healthy way*. Valenzano: CIHEAM. Bari.
- Burlingame, B. and Dernini, S. Eds. (2019). *Sustainable Diets. Linking Nutrition and Food Systems*. CABI. Oxfordshire/Boston
- Meybeck, A., Redfern, S., Hachem, F., Capone, R., & Dernini, S. Eds. (2017). *Development of Voluntary Guidelines for the Sustainability of the Mediterranean Diet in the Mediterranean Region*. FAO/CIHEAM. Rome
- Burlingame, B. and Dernini, S. Eds. (2012). *Sustainable Diets and Biodiversity. Directions and Solutions for Policy, Research and Action*. FAO. Rome
- Dernini, S. (2007). *Plexus Black Box. A Multicultural Aesthetic Inquiry on an International Community-Based Art Project*. Casa Editrice Università "La Sapienza". Rome

Book Chapters and Articles in Scientific Journals

- Burlingame, B., Lawrence, M., Macdiarmid, J., Dernini, S., & Oenema, S. (2022). IUNS Sustainable Diets Task Force. *Trends in Food Science & Technology*.
- Dernini, S. Dietas sostenibles en el contexto de sistemas alimentarios sostenibles: Retos para el presente y para el futuro (2022). In: F. Xavier Medina, F.X. Lorenzo Mariano, L., Conde, D. and Alicia Aguilar A.(eds.). *Consumo alimentario y sostenibilidad*. Mra Ediciones 19-42

- Dernini, S., Capone, R. A Change of Route in the Mediterranean, Revitalising the 'Mediterranean Diet' Towards More Sustainable Food Systems: A Cross-Disciplinary Approach. In: Medina, F. X. and Macbeth, H. (2021). *The Mediterranean diet from health to lifestyle and sustainable future*. Alimenta Populorum series, ICAF 41-63
- Capone, R., Fersino, V., Stamataki, E., Cerezo, M., Kessari, M., Dernini, S., & El Bilali, H. (2021). Sustainability of Food Systems in the Mediterranean Region. *New Medit*, 20(3)
- Serra-Majem, L., Tomaino, L., Dernini, S., Berry, E.M., Lairon, D.; Ngo de la Cruz, J., Bach-Faig, A., Donini, L.M., Medina, F.X., Belahsen, R., Piscopo, S., Capone, R., Aranceta-Bartrina, J., La Vecchia, C., Trichopoulou, A.(2020) Updating the Mediterranean Diet Pyramid towards Sustainability: Focus on Environmental Concerns. *Int. J. Environ. Res. Public Health*, 17, 8758.
- Ridolfi, R., Dernini, S., Morrison, J., Mathiesen, A.M., Capone, R. (2020). Changing Route: Common Action on Food Systems Transformation in the Mediterranean. *New Medit*, vol. 19(3):119-128.
- Dernini, S. (2019). Sustainable Diets: A Historical Perspective. In: Ferranti, P., Berry, E.M., Anderson, J.R. (Eds.), *Encyclopedia of Food Security and Sustainability*, vol. 2, Elsevier. 370–373.
- Dernini, S., Lairon, D., Berry, E. M., Brunori, G., Capone, R., Donini, L. M., Iannetta, M., Mattioni, D., Piscopo, S., Serra-Majem, L., Sonnino, A., Stefanova, M. (2019). The Med Diet 4.0 Framework: A Multidimensional Driver for Revitalizing the Mediterranean Diet as a Sustainable Diet Model. In: Burlingame B and Dernini S (Eds) *Sustainable Diets: Linking Nutrition and Food Systems*; CABI 187-198.
- Solon, M. M., Mink, P., Dernini, S., Bortoletti, M., & Lomax, J. (2018). The One Planet Sustainable Food Systems (SFS) Programme as a Multi-stakeholder Platform for a Systemic Approach. In: Burlingame, B and Dernini, S (Eds) *Sustainable Diets: Linking Nutrition and Food Systems*. CABI. 178-189.
- Capone, R., Bottalico, F., Palmisano, G. O., El Bilali, H., Dernini, S. (2019). Food Systems Sustainability, Food Security and Nutrition in the Mediterranean Region: The Contribution of the Mediterranean Diet. In: Ferranti, P., Berry, E.M., Anderson, J.R. (Eds.), *Encyclopedia of Food Security and Sustainability*, vol. 2., Elsevier. 176-180.
- Peng, W., Dernini, S., Berry, EM. (2018). Coping with food insecurity using the sociotype ecological framework. *Frontiers in Nutrition*, 5, 107.
- Dernini, S. (2017). Med Diet 4.0: a transdisciplinary framework for revitalizing the Mediterranean diet as a sustainable diet, linking food security, nutrition and sustainability. In: Meybeck, A., Redfern, S., Hachem, F., Capone, R., & Dernini, S. (Eds). *Development of Voluntary Guidelines for the Sustainability of the Mediterranean Diet in the Mediterranean Region*. FAO/CIHEAM. 89-92
- Dernini, S. (2017). Towards a 10YFP–SFSP Mediterranean Multistakeholder Platform on Sustainable Food Systems. In: Meybeck, A., Redfern, S., Hachem, F., Capone, R., & Dernini, S. (Eds). *Development of Voluntary Guidelines for the Sustainability of the Mediterranean Diet in the Mediterranean Region*. FAO/CIHEAM. 123-130
- La Vecchia, C., Dernini, S. (2017). Mediterranean diet, overweight, cancer risk and sustainable benefits. *Epidemiology and Biostatistics and Public Health*, 14(2):e12556-1
- El Bilali, H., O’Kane, G., Capone, R., Berry, E.M., Dernini, S. (2017). Exploring Relationships between Biodiversity and Dietary Diversity in the Mediterranean Region: Preliminary Insights from a Literature Review. *American Journal of Food*

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- Moscatelli, S., Gamboni, M., Dernini, S., Capone, C., El Bilali, H., Bottalico, F., Debs, P., Cardone, G. (2017). Exploring the Socio-cultural Sustainability of Traditional and Typical Agro-food Products: Case study of Apulia Region, South-Eastern Italy. *Journal of Food and Nutrition Research*, 5(1): 6-14
- Dernini, S., Berry, E.M., Serra-Majem L., La Vecchia, C., Capone, R., Medina, F.X., Aranceta-Bartrina J., Belahsen, R., Burlingame, B., Calabrese, G., Corella, D., Donini, L.M., Lairon, D., Meybeck, M., Pekcan, AG., Piscopo, S., Yngve, A., and Trichopoulou, A. (2017) Med Diet 4.0: the Mediterranean diet with four sustainable benefits. *Public health nutrition*, 20(7), 1322-1330.
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- Hachem, F., Capone, R., Yannakoulia, M., Dernini, S., Hwalla N. (2016). The Mediterranean diet: A sustainable consumption pattern. In, *Mediterra 2016*. FAO/CIHEAM–SciencesPo Les Presses, Paris/Rome; 243-261.
- Dernini S. and Berry E.M. (2016). Historical and Behavioral Perspectives of the Mediterranean Diet. In, *Mediterranean Diet - Dietary Guidelines and Impact on Health and Disease*. Romagnolo D.F, Selmin OI. (Eds.). New York: Humana Press, Springer; 29-41.
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- Dernini, S. (2016). How to assess the sustainability of diets. The example of the Mediterranean diet. In: Meybeck, A., S. Redfern, S. (Eds) *Knowledge and Information for Sustainable Food Systems*, Proceedings of a workshop, FAO, Rome, 181-198.
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- Serra Majem, L, Dernini, S. (2015). A road map for the sustainability of the Mediterranean diet". In: Meybeck, A., Redfern, S., Paoletti, F., Strassner, C. (Eds.). *Assessing Sustainable Diets Within the Sustainability of Food Systems. Mediterranean Diet, Organic Food: New Challenges*, Proceedings of an International Workshop, FAO, Rome, 69–74.
- Dernini, S., Capone, R. (2015). Towards the Med Diet Expo 2015 Call: Time to Act. In: Meybeck, A., Redfern, S., Paoletti, F., Strassner, C. (Eds.). *Assessing Sustainable Diets Within the Sustainability of Food Systems. Mediterranean Diet, Organic Food: New Challenges*, Proceedings of an International Workshop, FAO, Rome, 139-146.
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- Dernini S., Meybeck A., Burlingame B., Gitz V., Lacirignola C., Debs P., Capone R., El Bilali H. (2013). Developing a methodological approach for assessing the sustainability of the sustainability of diets: The Mediterranean diet as a case study. *New Medit*; 3: 28-36.
- Nouredin D., Capone R., Dernini S., Berjan S., El Bilali H., Radovic M., Despotovic A., Panin B. (2013). Consumer perceptions of agro-food products with ethical values in Serbia: an exploratory study. *International Journal of Nutrition and Food Sciences*, 2(3), 153.
- Dernini S. and Burlingame B. (2012). La dieta mediterranea: un modello di studio per le diete sostenibili. In: *La dieta mediterranea tra mito e realtà*. Lucchin L., Caretto A. (Eds). Il Pensiero Scientifico Editore; 145-148
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- Lacirignola, C., Dernini, S., Capone, R., Meybeck, A., Burlingame, B., Gitz, V., El Bilali, H., Debs, P., Belsanti, V. (2012). Towards the development of guidelines for improving the sustainability of diets and food consumption patterns: the Mediterranean diet as a pilot study. CIHEAM, Options Mediterraneennes, Paris, Series B, number 70.
- Dernini, S., Meybeck, A., Burlingame, B., Gitz, V., Lacirignola C., Capone, R., El Bilali, H., Debs, P., Belsanti, V. (2012). Towards the development of guidelines for improving the sustainability of diets and food consumption patterns: the Mediterranean diet as a pilot study. A FAO/CIHEAM discussion paper. Rome: FAO.
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- Burlingame, B., Charrondiere, R., Dernini, S., Stadlmayr, B., Mondovì, S. (2011). Food biodiversity and sustainable diets: Implications of applications for food production and processing. In, *Green Technologies in Food Production and Processing*. Boyce J., Arcand Y. (Eds.). Springer. 643-657.
- Dernini, S. (2011). The erosion and the renaissance of the Mediterranean diet: A sustainable cultural resource. *Quaderns de la Mediterrania, IEMED*. 16:75-82.
- Burlingame, B. and Dernini, S. (2011). Sustainable diets: the Mediterranean diet as an example. *Public Health Nutrition*, 14(12A), 2285–2287.
- Bach-Faig, A., Berry, E.M., Lairon, D., Reguant, J., Trichopoulou, A., Dernini, S., Medina, F.X, Battino, M., Belahsen, R., Miranda, G., Serra-Majem, L. (2011) Mediterranean diet pyramid today. Science and cultural updates. *Public Health Nutrition*, 14(12A), 2274–2284.
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- Dernini, S. (2008). The Strategic Proposal to the Candidacy of the Mediterranean

Diet for Inclusion in the UNESCO List of Intangible Cultural Heritage.. In: *Mediterranean Year Book 2008*. IEMED/Fundacio CIDOB. 288-291.

- Donini, L.M., Del Balzo, V., Dernini, S., Scanu, A., Cannella, C. (2007). La Piramide Alimentare Italiana. *Le Scelte del Consumatore*, 167, 6-8.
- Dernini, S. (2006). Transmitting Mediterranean Food Culture through Art: A Creative Interdisciplinary Approach.. *Public Health Nutrition*, 9 (8A), 1141-1143.
- Dernini, S. (2006). Towards the Advancement of the Mediterranean Food Cultures. *Public Health Nutrition*, 9 (1A),103-104.
- Cannella, C., Dernini S. (2006). Walnut: Insights and Nutritional Value. *Acta Horticulturae*, 705, 547-549.
- Dernini S. (2006) "Transmitting Mediterranean Food Culture through Art: A Creative Interdisciplinary Approach". *Public Health Nutrition*: 9 (8A), 1141-1143.
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- Cannella C., Dernini S. (2006) "Walnut: Insights and Nutritional Value". *Acta Horticulturae*: 705, 547-549.
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Dernini, S. (2012) The Characterization of the Mediterranean Diet as a Sustainable Diet. 10th Israeli Nutrition Week, 12-14 June 2012, 10A.

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- Dernini, S. (2010). The Mediterranean Diet: A World Heritage of Diversity, An Example of Sustainable Diet. Evolution Day-La Biodiversità è Bello, Milan, 23-24 November 2010, 8-11.
- Dernini, S. (2009). Mediterranean Diet as an Underestimated Sustainable Resource. 3° International Conference Encuentros en el Mediterraneo, Sevilla, 26 June 2009, 12-17.
- Dernini, S. (2007). North-South Food Dialogues in the Mediterranean Rim. Federation of African Nutrition Societies Congress, Ouarzazate (Marocco), 7-9 May 2007, 26.
- Dernini, S. (2007) The Experience of the Euro-Mediterranean Forum on Food Cultures: An Interdisciplinary Intercultural Approach. Federation of African Nutrition Societies Congress, Ouarzazate (Morocco), 7-9 May 2007, 61.
- Dernini, S. (2005). The Barcelona process and the importance of the Mediterranean diet to preserve the Mediterranean food cultures heritage from the increasing erosion. 2nd International Conference "Traditional Mediterranean Diet: Past, Present and Future", Athens, 20-22 April 2005, 12.
- Dernini, S. (2004). The Present Role of the Mediterranean Diet and the Sustainable Development of the Mediterranean Food Cultures. International Conference Traditional Mediterranean Diet: Past, Present and Future, Athens, 21-23 April 2004, 143-146.